

Sometimes you know something needs to change.

But you are not quite sure what.

You keep running into the same things. You are at a crossroads. Or things are actually going well, but you feel there is more possible.

SEE

What is really going on?

RECOGNISE

What is holding you back?

BREAK THROUGH

What could change?

ACT

What will you choose?

EMBED

How will it last?

RESET COACHING

Space for insight and lasting change

For professionals and leaders who want to understand recurring patterns and make lasting changes.

Average 7 sessions • in person, with online support

RESET INDIVIDUAL

Step away from your daily context. Get to the heart of what matters.

An intensive Reset to break persistent patterns and choose a new direction.

2.5 days • including overnight stay • Hulshorst

Based on Otto Scharmer's Theory U methodology (MIT)

No standard answer. Real clarity.

A Reset does not start with a programme, but with a conversation. • Tell us what is going on.