A close-up, high-resolution photograph of a human eye, showing the iris, pupil, and eyelashes. The eye is looking slightly to the right. The lighting is soft and natural, highlighting the texture of the skin and the detail of the eye.

THE RESET HOUSE

Leadership & Influence

The program

What

The Leadership & Influence Reset Program

- brings fundamental insight into behavior, emotions, feelings, patterns and rhythm to the next 6 layers of leadership:
 - Inspiration (1) and focus (2)
 - Connection (3) and trust (4)
 - Professionalism (5) and quality (6)
- provides insight into next steps in a plan for the future
- supports the participant for 1 year
-

Components

Reset training *

Training through knowledge sharing, instruction, practical practice and relaxation, literature converted into a clear reader

Narrative coaching *

The right conversation in a form of empathy and pure countertransference

Online

Interactive support, personal webpage

Global approach

Elements

Trainers and participants train two and a half days, including overnight accommodation, in a small group

Exercises offer new perspectives and more awareness of questions and direction

The results of the exercises are discussed in the group, and provide self-reflection and development points

The participants make a plan for their future, the plan becomes available on a personal page

2 follow-up talks, 4 reminders via the personal web page and 12 times Reset House news related to current events

Setting

The combination of training, eating, cooking, exercising together, being able to retreat 'to your room' or walking in the quiet surroundings, ensures relaxation

The homely setting gives the peace and attention to make insights concrete

The training locations provide privacy and meet high standards of hygiene



Specific training approach

Day 1 - Reflection

Reflection on the current context on the 6 layers of leadership viewed

Download: Recognizing the daily routine from a centered point of view

Seeing: witnessing the daily routine from a distance

Sensing: recognizing feeling on behavior and patterns

Presencing 1: letting go of limiting patterns

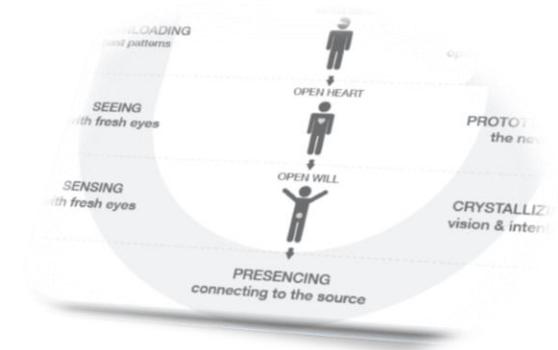
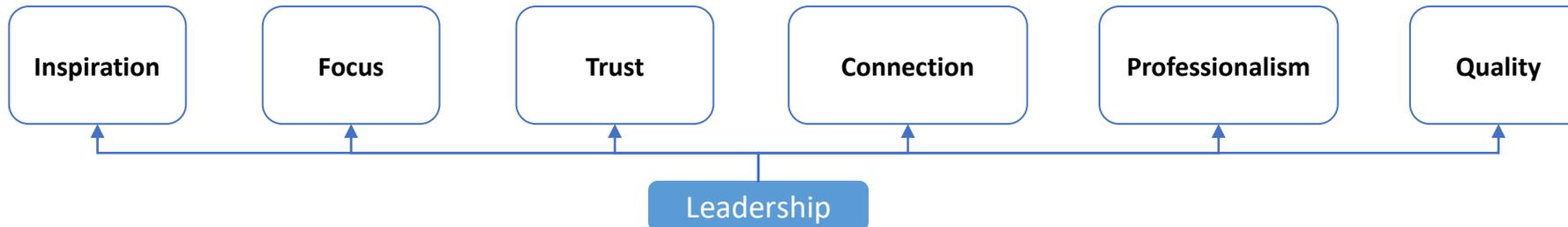
Day 2 - Concretization

Concretization of vision, steps, tools and action plan on the 6 layers of leadership viewed

Presencing 2: insight into the new direction

Crystalizing 1: linking personal values and talent to direction and rhythm

Crystalizing 2: the future plan, the what, how and when



Full overview

All steps

1. Intake with manager and HR
2. Intakes trainee
3. Reset two-day
4. Aftercare via personal online environment
5. Aftercare through 2 follow-up coaching sessions
6. Feedback on main lines* of Reset and coaching results to the client

* confidential information remains between trainers and trainee

Experience

The more specific the request for help, the better the result
Not infrequently there are questions behind the questions
Follow up is essential



Value for client

Partial enumeration

Support questions

'we have an employee who got stuck.'

'we have an employee who does the same thing for too long'

'We want people to own their work and career more from a personal leadership perspective.'

'we want to enrich our training offer with breakthroughs on complex personal cases'

'We have people who are ready for a new step, but they don't know which one, and neither do we'

'We are going to merge departments. there is resistance to that'

Senior management questions

'I would like to increase my influence in political administrative settings'

'I'm asked for a C-level role, does that suit me and how am I going to fill that role'

Result

Change of behavior, 90% of reset participants put their plan into practice

Participants grow in function / take a different position

More personal discipline, leadership, rhythm and better problem-solving skills

Higher employee and customer satisfaction



The Leadership & Influence Reset, different than the usual

Sum of the parts

- No nonsense approach with an eye for the human dimension
- Experienced trainers, also with a lot of business experience, classified as high qualitative
- Training in a homely setting
- Complex change management translated into understandable and concise exercises
- Combination of training, coaching and online support
- Fast results

Quotes

- "The combination of content, quality and setting make the Reset a phenomenal program"
- "Unbelievable, suddenly I know what I want to do"
- "I have never experienced this, empathetic approach and logical methods that make the puzzle come together"
- "You are seen and heard, but truly"
- "More than 30 years in search of balance, these two days gave insight into what to do"
- "I don't like soft programs, but this is the best thing I've experienced in 25 years"



Program investment

Specification (ex VAT)

Total investment per participant:	€2.895,-
Training	€2.045,-
Aftercare talks	€300,-
Personal online page for 1 year	€120,-
Logistics	€430,-



Locations

Rotterdam, Rijswijk, Utrecht, Hulshorst,
Dalflen, and Amden (Ch)

